



**Welcome to the US Ski & Snowboard Eastern Regional High School
Championship!**

March 5-8, 2020

Hosted by the Franconia Ski Club, at Mittersill at Cannon Mountain, Franconia, NH

This event brings together high school teams representing all states within the Eastern Region, plus out of region guest teams, for three days of championship racing. This particular competition is open to all members of a state high school team who have qualified through state selection procedures. Team (state) quota is limited to twelve girls and twelve boys.

Our organization is excited to be hosting this event once again, and we look forward to your visit to Cannon Mountain and the surrounding area.

Welcome, Congratulations, and Good Luck!

Franconia Ski Club



Thursday, March 5	Training Day
Registration Open, Tina's Place	7:30 AM – 3 PM
T-Bar Opens for Training	8:30 AM
Team Captain's Meeting for Men's and Women's Slalom Tina's Place, Mittersill Base Area	4:00 PM
Friday, March 6	Men's & Women's Slalom Taft Training Slope
Course Setters Load T-Bar	7:30 AM
Registration Open, Tina's Place	7:30 AM – 3 PM
T-Bar open for Coaches and Competitors	8:00 AM
Course open for inspection	8:35-9:05 AM
Run 1 Start	9:30 AM
Run 2 Start	Approximately 1 hour after completion of Run 1
Team Captain's Meeting for Women's GS, Tina's Place	4:00 PM
Saturday, March 7	Women's GS Baron's Run
Course Setters Load Mittersill Double	7:00 AM
Registration Open, Tina's Place	7:30 AM – 3 PM
Mittersill Double opens for Coaches and Competitors	7:45 AM
Course Open for Inspection	8:00-9:30 AM
Women's Run 1 Start	10:00 AM
Women's Run 2 Start	Approximately 1 hour after completion of the Run 1
Team Captain's Meeting for Men's GS, Tina's Place	4:00 PM
Dinner & Awards at the Cannon Mountain Peabody Lodge	6:00 PM

Sunday, March 8	Men's GS Baron's Run
Course Setters Load Mittersill Double	7:00 AM
Registration Open, Tina's Place	7:30 AM – 3 PM
Mittersill Double opens for Coaches and Competitors	7:45 AM
Course Open for Inspection	8:00-9:30 AM
Men's Run 1 Start	10:00 AM
Men's Run 2 Start	Approximately 1 hour after the completion of the Run 1
Men's GS Awards, Tina's Place	4:00 PM

Event schedule subject to change based on weather.

Entry Fee: The event entry fee is \$230 per racer, cash, check or credit card. This includes 3 days of lift access, the awards banquet on Saturday and an athlete swag bag. Checks should be made payable to Franconia Ski Club.

US Ski and Snowboard Requirements: This is a US Ski and Snowboard (USSS) sanctioned event. All athletes are required to hold a current USSS competitor license to participate. Any athlete who is not currently a USSS member for the 19/20 season, must purchase a Non-Scored Athlete membership for \$100. <https://my.ussa.org/membership/start>

Please note that any participating athlete who is 18 years old is required to complete annual SafeSport training and a background screening. The background screening can take several weeks to process and should be completed as soon as possible.

All athletes must adhere to current US Ski and Snowboard regulations regarding helmets. Helmets must cover the head and ears. Helmets with spoilers or edges that stick out are not permitted. Protective features integral to the event being contested, such as chin guards on SL helmets are permitted. Soft ear protection is only permitted for helmets used in SL. Helmets for use in GS must meet current FIS standards.

Race Registration: Registration will be located in Tina's Place located in the Mittersill base area. It will be open daily beginning at 7:30 am.

Training Day: An optional training day will be held on Thursday, March 5th. Lift tickets for the training day are \$45 per athlete and may be purchased from Registration at Tina's Place. Cash, check and credit card accepted. Training lane assignments will be by state and will be emailed to the Team Captains by March 2nd. Teams must provide their own gates for slalom training.

Bibs: Race bibs for Friday's slalom will be issued at Registration on Saturday morning. All bibs will be collected at the finish line following Friday's race. Bibs will be redistributed to athletes at Registration the morning of their giant slalom race. Bibs are to be retained by the athlete at the conclusion of their giant slalom race.

Additional Lift Tickets: Lift tickets for additional coaches, parents & siblings are available for purchase for \$60 from race registration. Cash, check or credit card.

Facilities at Mittersill: Please be advised that there is limited warming house space at Mittersill. Visiting athletes are welcome to use the two temporary trailers in Mittersill Lot #1 or the Cannon warming house at the base of Baron's Run. Cannon's Peabody Base Lodge is about a 1/3 of a mile from Mittersill and can be accessed via a short walk or on skis. There will be mountain shuttles operating between locations throughout the day.

Food Services: There will be limited food services offered at Mittersill for lunch. Breakfast and additional lunch options are available at the Peabody Base Lodge.

Awards Banquet: The awards banquet will be held in Cannon Mountain's Peabody Base Lodge on Saturday at 6 pm. Awards for the slalom and women's GS will be presented at the banquet, and team standings will be announced. All registered athletes and up to three official USSS coaches per team receive dinner tickets as part of the event. A limited number of additional tickets are available for purchase for \$25 per person online at <https://www.franconiaskiclub.com/ehsc> or from Race Registration. The deadline to purchase tickets is Friday, March 6th at Noon. There will be no tickets sales available at the door.

Pets: Dogs are not allowed in the Mittersill base area. For the safety of all involved and by request of Cannon Mountain management, please leave all pets at home.

Congratulations on your qualification for this event, we hope you enjoy skiing, racing, and visiting our area. If you need more information or have any questions, please feel free to reach out to the Franconia Ski Club at rebeccabell@franconiaskiclub.com or 603-823-7106.

Thank you to our title sponsor



DIRECTIONS

Take I-93 North or South to Exit 34C - Main Base Area - Access to all terrain

Peabody Base Area/Notchview Lodge: Guest Services, Season Passes, Tickets, Retail Shop, Rental & Repair Shops, cafeteria, Cannonball Pub

Mittersill at Cannon Mountain is your first left after you pass the Peabody Base Area



LODGING

The following lodging properties are proud sponsors of the 2020 EHSC

Sunset Hill House

<https://www.thesunsethillhouse.com/>

Reservations available by calling 603-823-7244. 15% Discount for all EHSC Participants.

Hampton Inn, Littleton, NH

<https://www.hilton.com/en/hotels/ltnnhhx-hampton-littleton/>

Additional Area information

Franconia Notch Chamber of Commerce <http://www.franconianotch.org/>

Littleton, NH Chamber of Commerce <https://littletonareachamber.com/>

Western White Mountains Chamber of Commerce (Lincoln/Woodstock Area)

<https://westernwhitemtns.com/>

